



Evidence-Based Prevention Programs for Schools, Families, and Communities

# Pennsylvania Youth Survey (PAYS)

*A 10-year review of  
county data*



# Botvin LifeSkills Curriculum

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Teach students the necessary skills to resist social (peer) pressures to smoke, drink, and use drugs.

Help students to develop greater self-esteem and self-confidence.

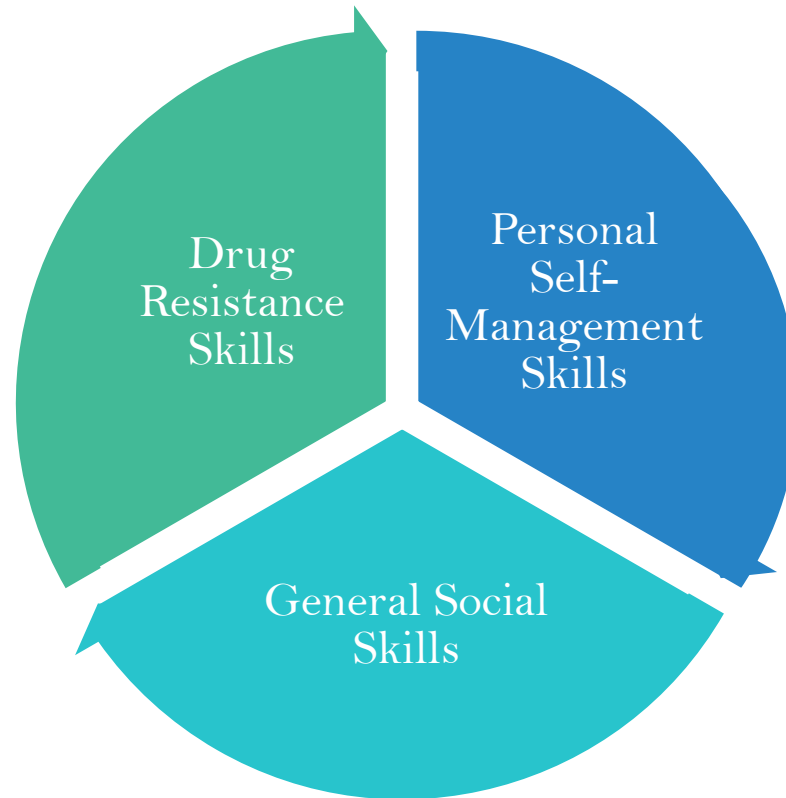
Enable students to effectively cope with anxiety.

Enhance cognitive and behavioral competency to reduce and prevent a variety of health risk factors.

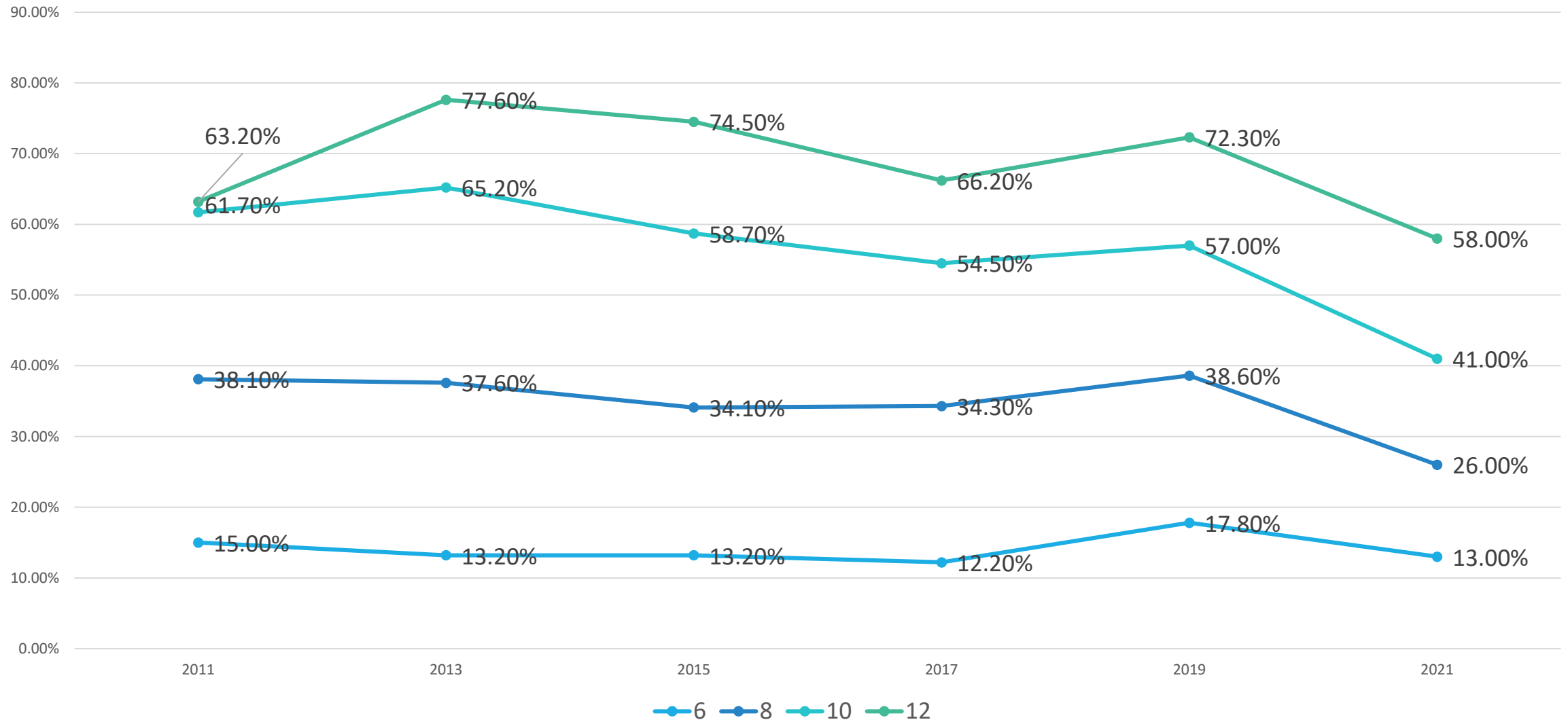
# Botvin's Three-Pronged Approach

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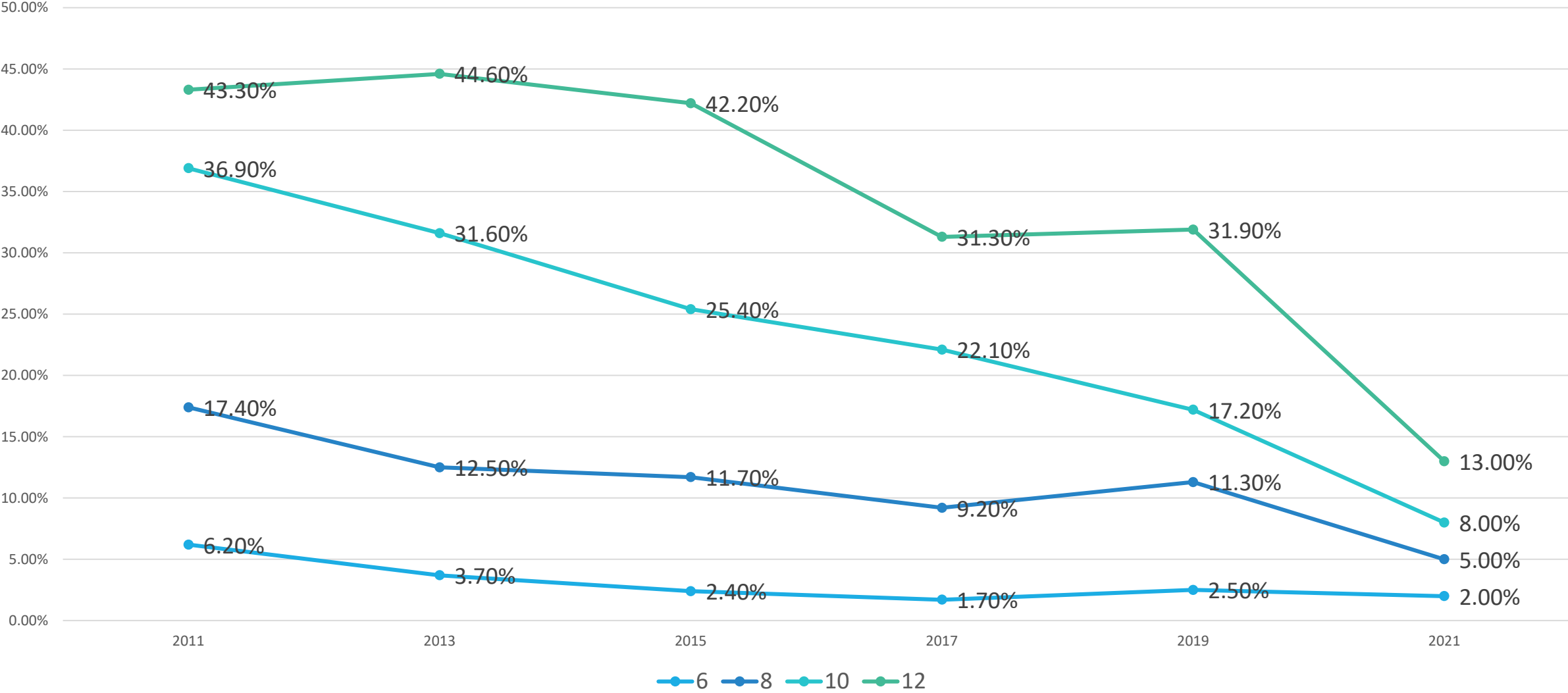
- Addresses three domains that promote drug use.
- Taught through lecture, discussion, coaching, and practice.
- Designed to enhance self-esteem, self-confidence, decision making skills, and the ability to resist peer and media pressure.



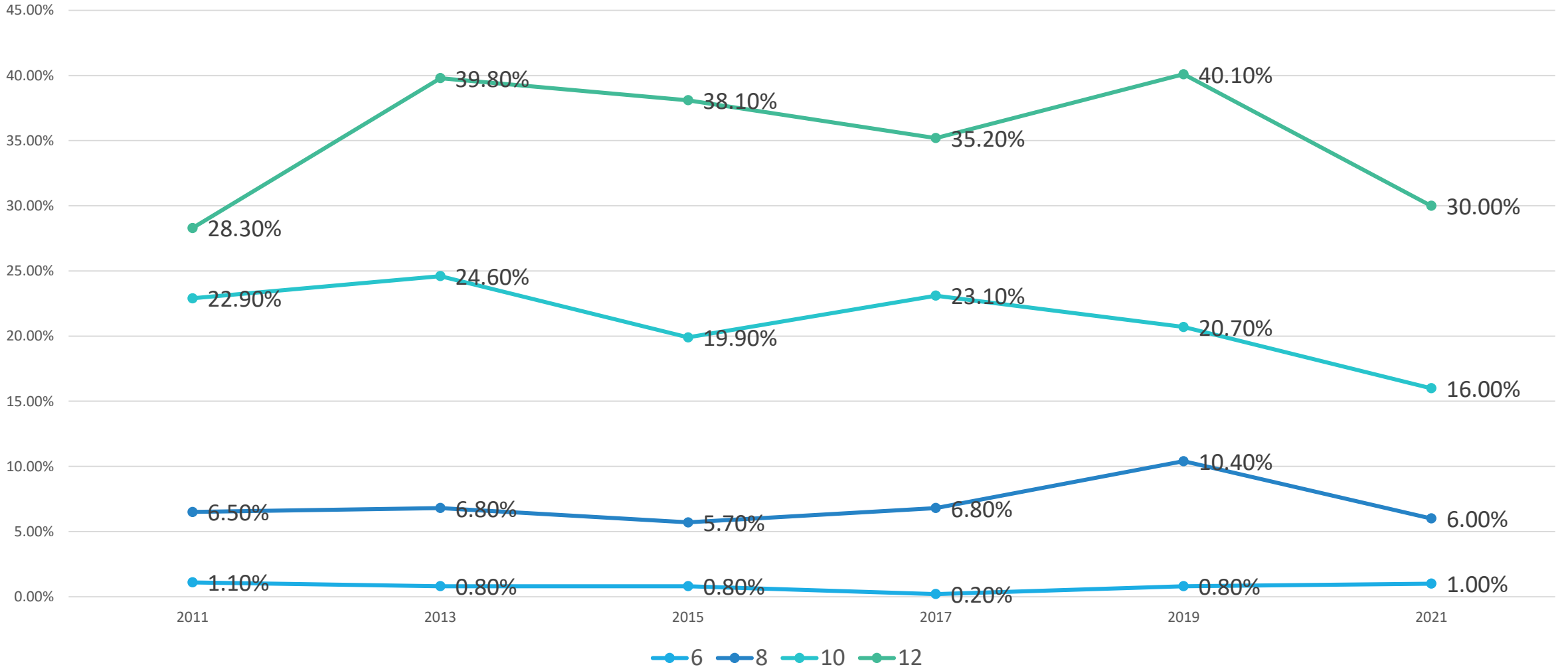
# % Use of Alcohol During Lifetime Cambria County



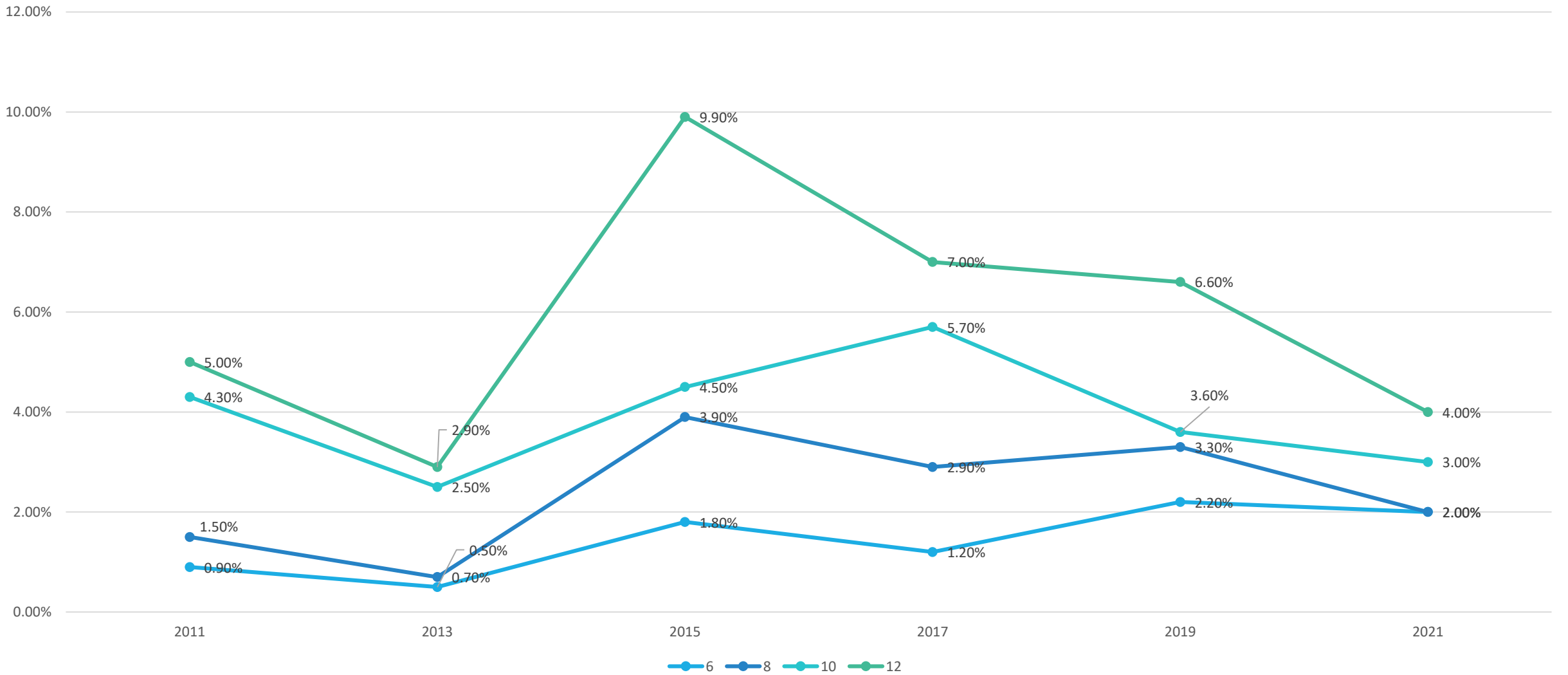
# % Use of Cigarettes During Lifetime Cambria County



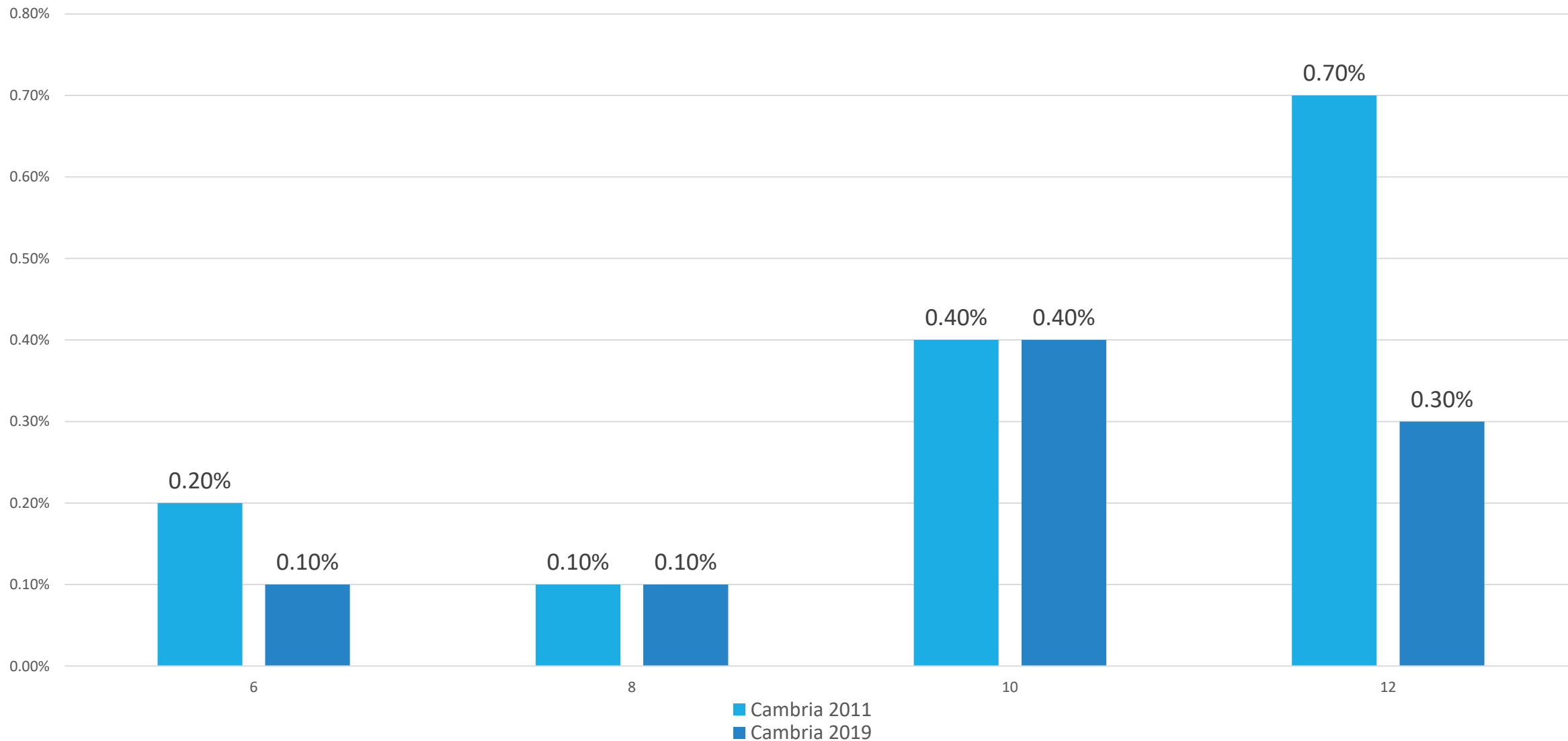
# % Use of Marijuana During Lifetime Cambria County



# Prescription Pain Medications Cambria County

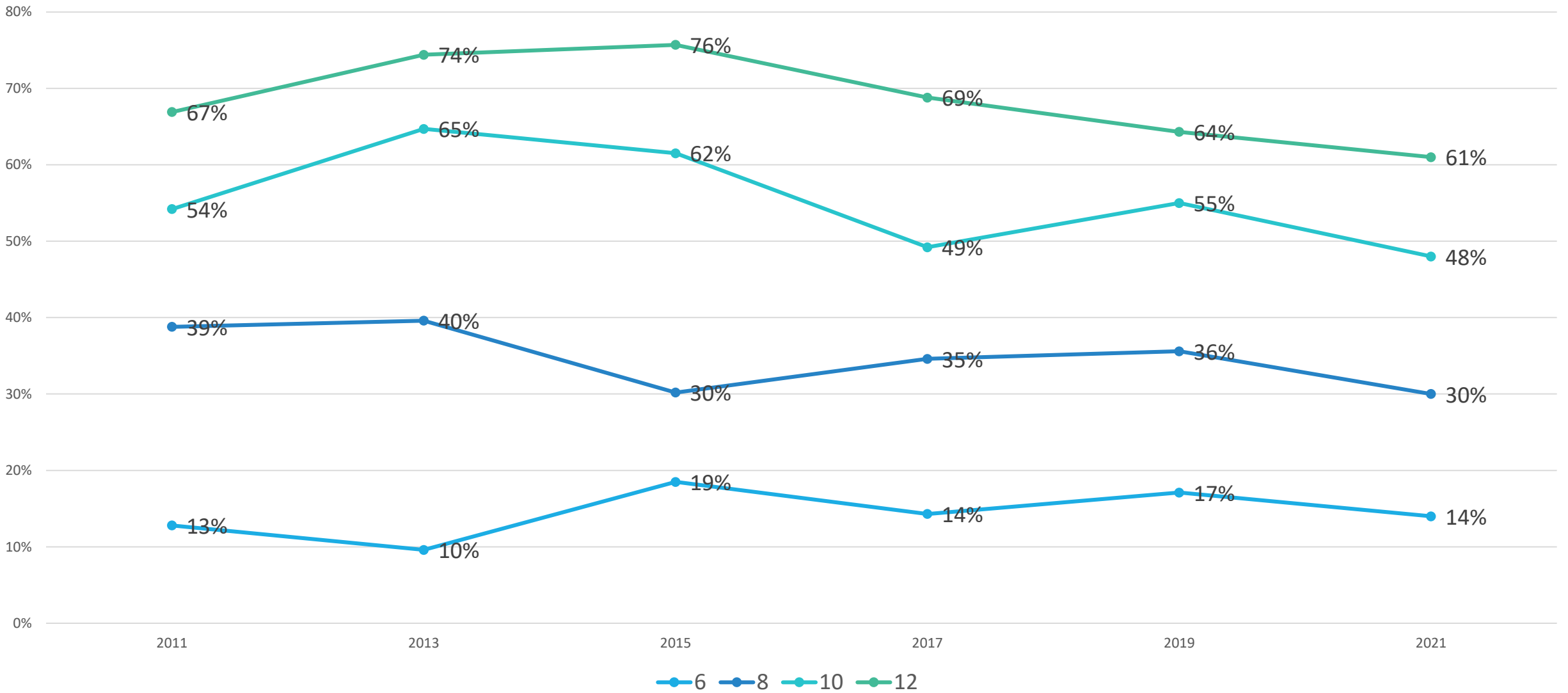


# Heroin Cambria County

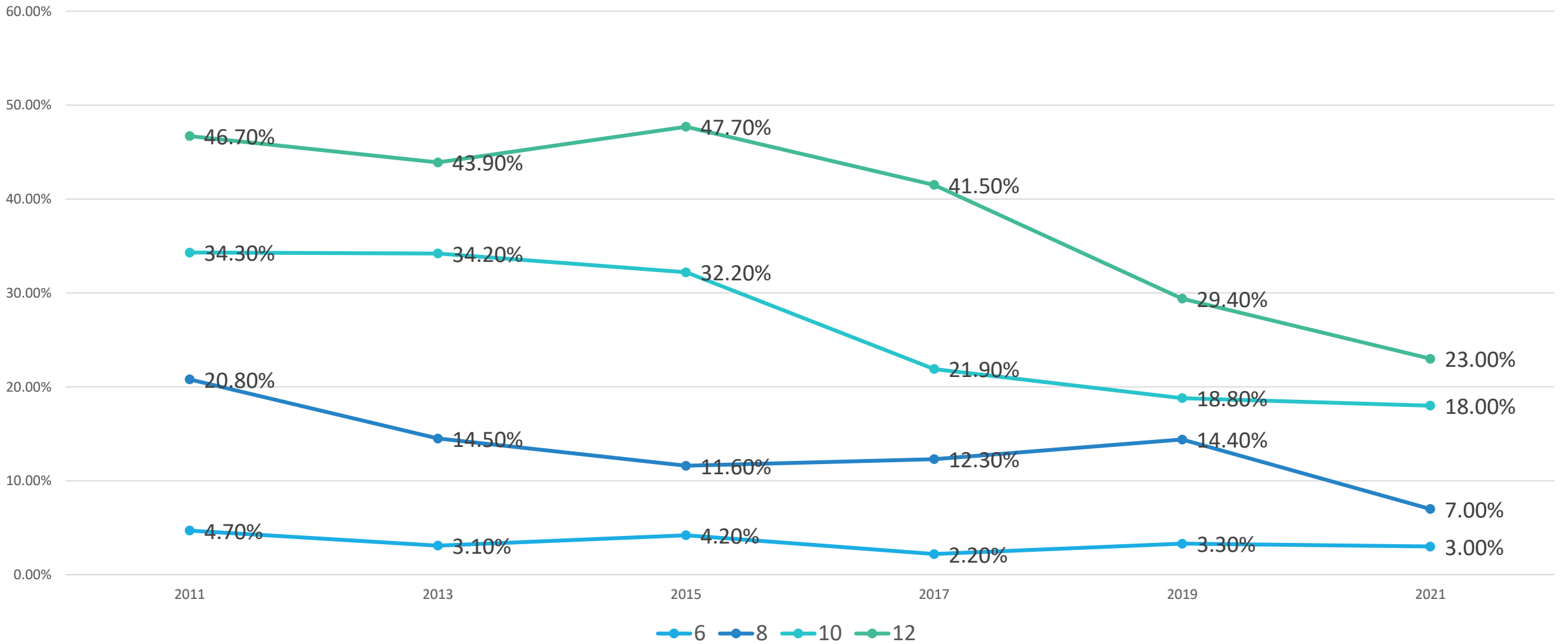




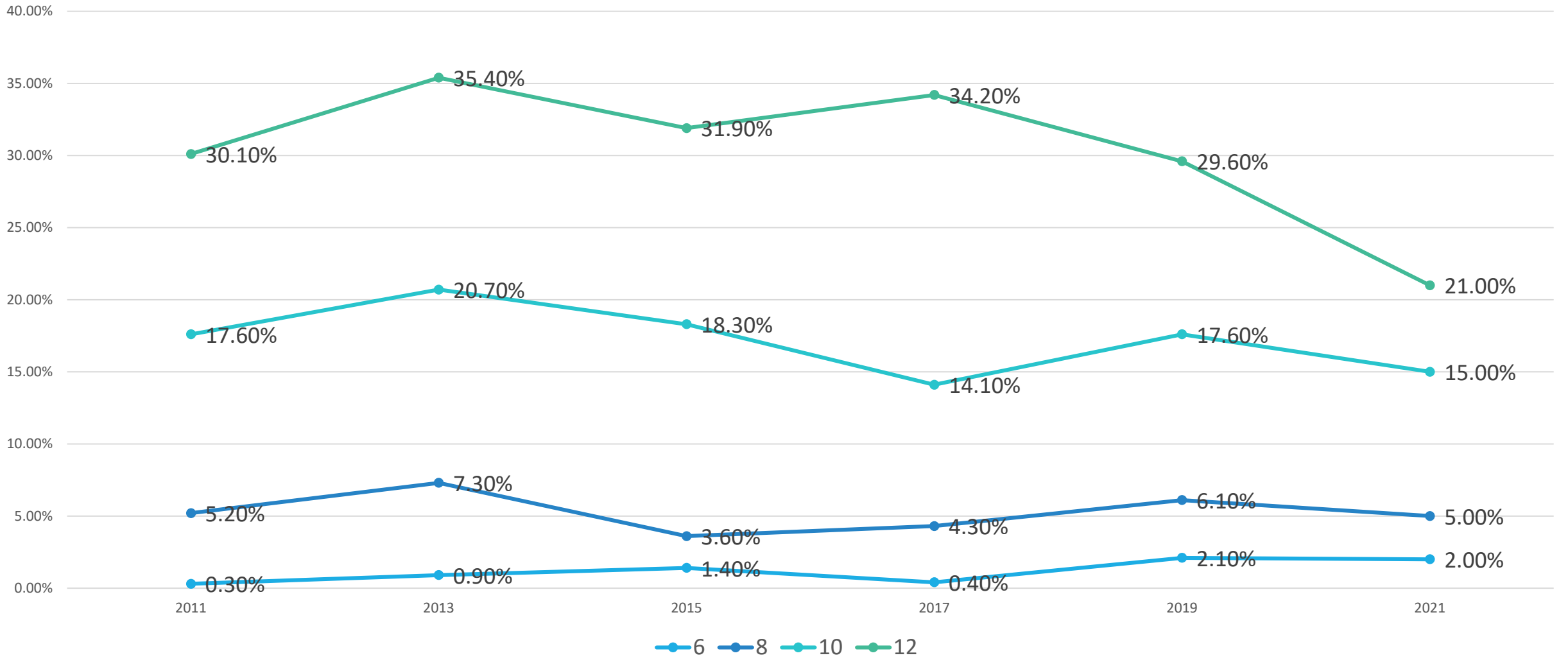
# % Use of Alcohol During Lifetime Somerset County



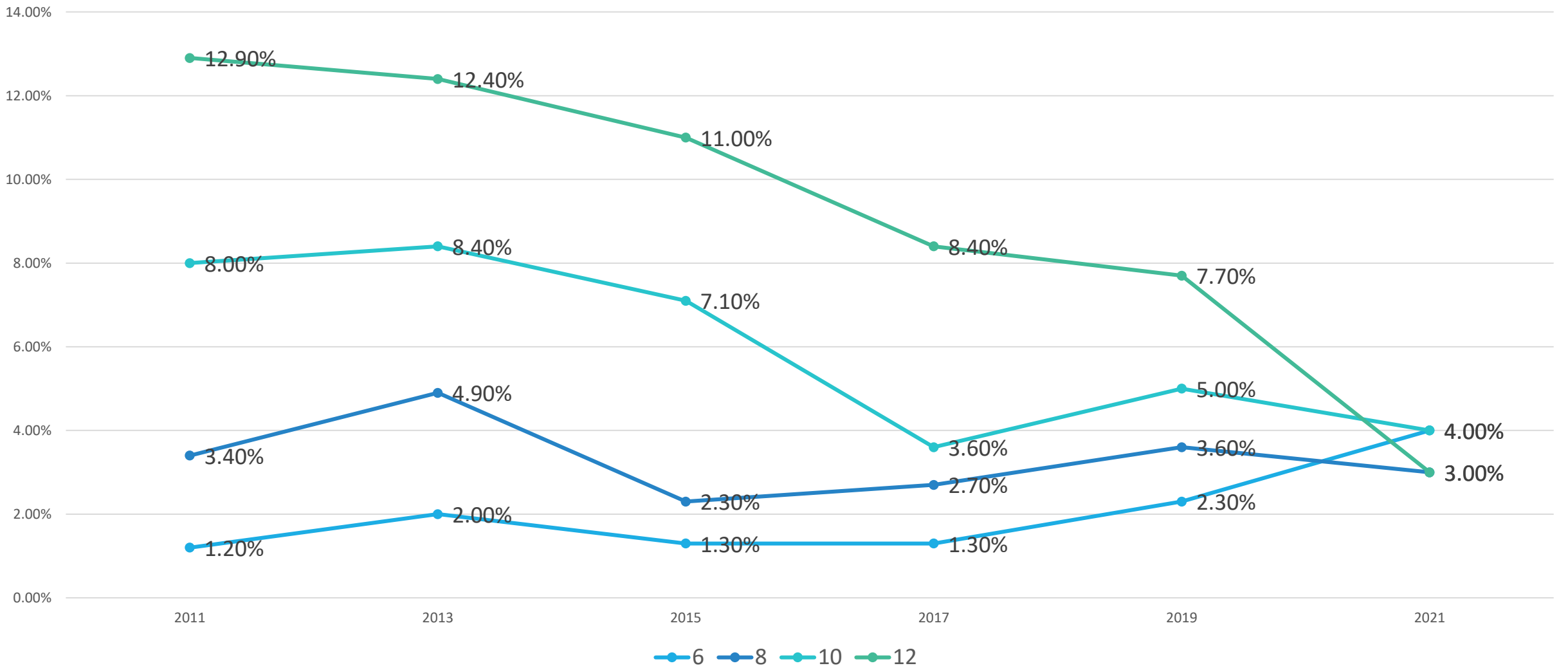
# % Use of Cigarettes During Lifetime Somerset County



# % Use of Marijuana During Lifetime Somerset County



# % Use of Prescription Pain Medication During Lifetime Somerset County



# % Use of Heroin During Lifetime Somerset County

