

Cambria County

Area Agency on Aging

- 814-539-5595

Drug & Alcohol Addiction

- Cambria County Drug & Alcohol Program: 814-536-5388

Resource Assistance

- Catholic Charities: 814-535-6538
- Community Action Partnership: 814-536-9031
- County Assistance Office: 814-533-2491
- Salvation Army: 814-539-3110
- St. Vincent de Paul: 814-535-8521
- Center for Population Health: 814-535-5156

Emergency Shelters

- Cambria House & Women's Help Center: 814-536-5361

Food Pantries

- Scan code for Food Resource Guide



Free Medical Services

- Highlands Health: 814-534-6242

Legal Services

- Summit Legal Aid: 814-536-8917/ 800-846-0871

Mental Health Services

- Crisis hotline: 9-8-8
- Cambria County Behavioral Health: 814-535-8531

Rent/Mortgage Assistance

- Community Action Partnership: 814-536-9031
- County Assistance Office: 814-533-2491
- St. Vincent de Paul: 814-535-8521
- PA Housing Finance Agency (mortgage only): 855-827-3466/phfa.org
- Women's Help Center: 814-536-5361

Veterans Services

- Veterans Leadership Program: 844-857-8387
- Veteran Community Initiatives: 814-255-0355

Transportation

- CamTran: 800-252-3889

Somerset County

Area Agency on Aging

- 814-443-2681

Drug & Alcohol Addiction

- Single County Authority for D&A: 814-445-1530
- UPMC Twin Lakes Same Day Referral: 814-443-3639

Resource Assistance

- Community Action Partnership: 814-445-9628
- County Assistance Office: 814-443-3681
- Salvation Army: 814-445-9232
- Center for Population Health: 814-535-5156

Emergency Shelters

- Next Step Center: 814-444-8588
- Women's Help Center: 814-536-5361

Food Pantries

- Scan code for Food Resource Guide



Legal Services

- Summit Legal Aid: 814-443-4615/800-846-0871

Mental Health Services

- Crisis hotline: 9-8-8
- Behavioral Health Bedford/Somerset: 814-443-4891

Rent/Mortgage Assistance

- Community Action Partnership: 814-445-9628
- County Assistance Office: 814-443-3681
- St. Vincent de Paul: 814-535-8521
- PA Housing Finance Agency (mortgage only): 855-827-3466/phfa.org
- Women's Help Center: 814-536-5361

Veterans Services

- Veterans Leadership Program: 814-857-8387
- Veteran Community Initiatives: 814-255-0355

Transportation

- Somerset County Transportation System: 814-701-3691



WE GOT YOU

Resource Guide

for Blair, Cambria, & Somerset Counties



UNITED WAY
of the Southern
Alleghenies

2·1·1

Pennsylvania

24/7/365 help from trained care navigators

Confidential and free resources for heating assistance, rent/mortgage aid, food security help and so much more.

Just call 2-1-1, or text your ZIP code to 898-211



Scan for diaper bank schedules

A package of 25 diapers is available for each child monthly. A network of diaper banks locations are open (with a few exceptions) on the last Tuesday of each month in Cambria and Somerset Counties. In Blair, families participating in the Parents as Teachers program receive diapers.

Blair County

Area Agency on Aging

- Blair Senior Services: 814-946-1235

Domestic Violence/Abuse Services

- Family Services Inc. Victim Services Program: 814-944-3585 (Call or text 24/7)

Drug & Alcohol Addiction Services

- Blair Drug & Alcohol Partnerships: 814-381-0921

Resource Assistance

- Blair County (Assistance Office): 814-946-7111, 866-812-3341 (Toll Free)
- Catholic Charities, Blair County: 814-944-9388
- Center for Community Action, Blair County: 814-946-3651
- Salvation Army Church Altoona: 814-942-8104
- Saint Vincent de Paul, Altoona Needs Office: 814-201-2246

Emergency Shelters

- Family Services Inc. Family Shelter: 814-944-3583 (must complete 211 assessment)
- Family Services Inc. Teen Shelter: 814-941-0975 (Teens aged 12 to 17)
- Altoona Rescue Mission, men's shelter: 814-201-2434

Food Pantries

- St Vincent de Paul Altoona, Assumption Chapel Food Pantry: 814-943-7962 (Tues. & Thurs. 8:30 to 10:30 a.m.; Call for intake)
- Altoona/Blair County Food Bank: 814-944-4013 (Mon, Wed. & Fri. 9 to 11:45 a.m.)
- Salvation Army: 814-800-0076

Free* Medical Services

- Primary Health Network, Altoona Community Health Center: 814-942-9600 *Sliding scale fee; speak with staff member if no source of income*
- Gloria Gates Care: 814-300-2273 *Call to inquire about low to no-cost insurance coverage*

Blair County, Cont.

Legal Services

- MidPenn Legal Services: 814-943-8139
- Fair Housing Law Center: 724-225-6170 (Covers 28 counties. This is for housing-related issues only.)

Mental Health Services

- Crisis hotline: 9-8-8
- UPMC Altoona 24/7 Crisis Line: 814-800-1672, Option 1
- UPMC Altoona Behavioral Health Access Center: 814-889-2289 (Mon. to Fri. 8 a.m. to 4 p.m.)

Rent/Mortgage Assistance

- Blair County (Assistance Office): 814-946-7111, 866-812-3341 (Toll Free)
- Center for Community Action, Blair County: 814-946-3651
- Saint Vincent de Paul, Altoona Needs Office: 814-201-2246
- PA Housing Finance Agency (mortgage only): 855-827-3466/phfa.org

Transportation Services

- Amtran: 814-944-4074 (Mon.-Sat. 6:30 a.m. to 8:30 p.m.)
- Blair Senior Services, Transportation: 814-695-3500 (Mon. to Fri. 7 a.m. to 4:30 p.m.; Trips must be scheduled 24 hours in advance)

Utility Assistance

- Blair County (Assistance Office): 814-946-7111, 866-812-3341 (Toll Free)
- Catholic Charities, Blair County: 814-944-9388
- Center for Community Action, Blair County: 814-946-3651
- Salvation Army Church Altoona: 814-942-8104
- Saint Vincent de Paul, Altoona Needs Office: 814-201-2246

Veterans Services

- Blair County Dept. of Social Services, Veterans Affairs 814-693-3160
- James E Van Zandt VA Medical Center: 877-626-2500